

Saturday
Registration starts at 8:30 am

This is a Transformations Brain Integration Therapy advanced level course. Prerequisites for this class are TBIT I and the Sparker Class. Cost for this class is \$250. This includes a book, and eight hours of practical instruction with lots of practice time.

Use Pay Pal to register online at:
www.braintransformations.com
Do not put spaces in credit card number.

Or Mail to:
Rebecca Kennard
37 Minden Circle
Colorado Springs, CO 80906

Transformations Contacts:
Rebecca Kennard (719) 576-7668



TRANSFORMATIONS

FOR CHILDREN & ADULTS
Registration (Please print clearly!)

NAME AND PROFESSIONAL TITLE

HOME ADDRESS

CITY---STATE---ZIP

EMPLOYER

DAYTIME AND EMERGENCY PHONE

EMAIL: CONFIRMATION AND UPDATES

Rebecca Kennard, is the founder of "Transformations for Children and Adults." She has been in private practice with BIT since 1991 working individually with 10-15 children and adults per week. She also conducts seminars on a regular basis at which parents and professionals alike learn how to alleviate the detrimental effects of learning disabilities. Becky has a BS in English from Colorado State University Pueblo. She received initial training in Brain Integration Therapy from Dianne Craft MA, CNHP of Littleton, CO. Since that time Becky's passion for research and development have brought additional changes and improvements to the process. She discovered how to use the "Sparker" to greatly improved the efficacy and permanence of the therapy.

Life Transforming Help for Struggling Learners
HEARTFELT HEALING
TBIT Repatterning for Emotional Issues
Eight Hours of Hands-on Training

Colorado Springs, CO 80906

Saturday
9:00 am to 6:00 pm

This evidence-based therapy improves executive functions and sensory integration in both children and adults struggling with learning disabilities such as Dyslexia, Dysgraphia, ADD/ADHD, TBI, CVA, Autism, PDD and CP.

Rebecca Kennard
TBIT Educational Consultant

Studies show that the energy from negative emotions and traumatic events gets stored in the body's electrical system causing problems with performance, cognitive abilities and emotional stability. This course will teach you how to track down these emotional roadblocks and effectively Repattern them to release integration and healing. This is a Transformations Brain Integration Therapy Level Three Course and requires that you have taken TBIT I and the Sparker Class.

Heartfelt Healing Agenda

Morning

8:30 am -12:30 pm

- A. Brain Theory concerning "Energy Psychology"
- B. Review Sparker Class points
- C. Teach the Longer Repatterning sheet in the context of emotional healing
- D. Repattern someone using the longer sheet
 - 1. Practice Repatterning---Monkey see Monkey do
 - 2. Switch and do again
- D. Questions
- E. Talk about changing the atmosphere of a classroom
 - Introduce "How Full is Your Bucket"
 - Staying positively focused
- F. Lunch 12:30 pm – 1:30 pm

Afternoon

1:30 pm – 5:30 pm

- F. Therapy Protocol
 - 1. Setting Intention
 - 2. Limitations---we are not shrinks
 - 3. Protecting your own energy etc.
- H. EFT---TFT demonstrate some of these techniques

- I. Tracking down emotional issues using the Diamond Chart
 - 1. Psychological Reversal
 - 2. Self -Sabotage
- J. Model a Repatterning with the pull
 - 1. Practice Repatterning---Monkey see Monkey do
 - 2. Switch and do again
- K. Temporal Tap using affirmations or scripture
 - 1. Model the technique
 - 2. Practice with a partner
 - 3. Reverse and do it again
- L. Questions
- M. Language for a Change
- N. ANTS
- O. Certificates

The effects of stress can have serious consequences on your health and your ability to learn. In *Smart Moves: Why Learning Is Not All in Your Head*, neurophysiologist and educator Carla Hannaford writes that "emotions meet at the intersection of body and mind." Whenever we feel a particular emotion—whether positive or negative—it releases a cascade of chemicals throughout our bodies that not only affect our health but also our ability to learn. In other words, our emotions, immune system, memory and capacity for learning are directly linked together.

Hannaford also states, "in 1995 when *Smart Moves* was first published, my understanding of how we learn centered on the importance of the brain and movement. Since then there has been a flood of research showing that the brain is actually regulated by the heart. It appears the heart, via nerves, hormones and neurotransmitters to the brain, determines health and whether learning will be easy and natural or difficult

and forgettable."

The Cerebellum is the link between the heart and the mind and is also the seat of the subconscious mind which controls 80% to 90% of what we do. It is the area in the brain associated with the movement which is necessary for learning to take place effectively and efficiently.

In this class you will learn how to effectively use TBIT Repatterning techniques to change subconscious expectations and emotional reactions.

Testimonies

Rosalie J.---Investment Consultant

"Repatterning changed my life! I'll be forever grateful for the time, energy, money, prayer and tears you put into developing this therapy."

Inez C.---Vision Therapist

"I can attest to the fact that the use of Brain Integration and the Acuspark have enhanced my Vision Therapy Program and made it profoundly effective."

Kay A.---Special Education Teacher

"I found the information in your seminar unbelievably relevant to the day to day behavior of my students. Using the techniques we learned produced results in my students almost immediately. Other staff members came to me and told me they had noticed a difference in handwriting, reading, writing and organizational skills in these students...some of them have been staffed out of Special Education."

Please note: This therapy is designed to greatly improve function and effectiveness by integrating all parts of the brain and body. We are not attempting to teach you how to diagnose medical conditions. Diagnosing and treating specific medical and psychological problems should only be done by qualified licensed medical professionals. We encourage a partnership with Medical and Psychological professionals to bring about complete healing.